



## Application for Yoga Teacher Training

Name\_\_\_\_\_

Address\_\_\_\_\_

Telephone\_\_\_\_\_

Email\_\_\_\_\_

Date of Birth\_\_\_\_\_

Occupation\_\_\_\_\_

Please fill out the following questions as fully as you can. Your answers help us determine whether we think our program is a good fit for you. All answers are confidential and will only be reviewed by our lead instructors.

1. Why do you feel called to do a yoga teacher training?
2. Describe what your current yoga practice looks like?
3. What yoga experience do you have?
4. Who are some people that have inspired you?
5. Describe yourself using three adjectives. Explain your choices.
6. Describe your biggest strength and your biggest weakness?
7. What are you hoping to gain by completing the training?
8. Do you have any physical/emotional limitations that we should know about?
9. Describe your spiritual practice.

Once you have completed the short answer essay application please submit it with a \$200 deposit to hold your space in our current training. We are capping the course at 15 students. We will contact you after reviewing the application to set up a personal interview and practice session with the lead instructors. In efforts to honor the integrity of the ancient, sacred practice of yoga, we are screening our applications to make sure that the student is ready to step into this life transforming knowledge.

Sincerely,

Katrina Gustafson Broyles